



PROPER USE OF HAND SANITIZER

*Together, we can help stop the spread of **COVID-19***

The CDC recommends first washing hands with soap and water whenever possible, then using hand sanitizer:



Apply the product to the palm of one hand



Rub the product all over the surfaces of your hands until they are dry

Is your **hand sanitizer** doing its job?

Many studies have found that sanitizers with an alcohol concentration between 60-95% are more effective at killing germs than those with a lower alcohol concentration or non-alcohol-based hand sanitizers. Hand sanitizers without 60-95% alcohol 1) may not work equally well for many types of germs; and 2) merely reduce the growth of germs rather than kill them outright.



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Everyday ways you can help prevent COVID-19:

- Wash your hands often
- Wear a face mask when around others
- Cover coughs and sneezes with a tissue or inside of elbow
- Clean and disinfect frequently touched surfaces